## HURRICANES FITNESS & RECREATION

## REGISTER FOR YOUR CCE MEMBERSHIP

DID YOU KNOW FULL TIME STUDENTS AT PWC AND TCC CAMPUSES HAVE THEIR GYM MEMBERSHIP INCLUDED IN THEIR STUDENT FEES. MAKE THE MOST OF YOUR MEMBERSHIP AND REGISTER TODAY!

VISIT THE FRONT DESK FOR MORE INFORMATION.

## LUNCH HOUR RECREATION | MON-FRI 12:00-12:45PM

MON:PICKLEBALL | TUES:BASKETBALL | WED:VOLLEYBALL THURS:BADMINTON | FRI:BASKETBALL

## HURRICANES FITNESS CLASSES

TIME	MON	TUE5	WED	THURS	FRI
12:10pm	SPIN & CORE 12:15 (CARDIO ROOM)	YOGA BLEND 12:10 (Dance Studio)	FIT & LIT 12:10 (Track)	STRETCH FUSION 12:10 (Dance Studio)	FIT & LIT 12:10 (TRACK)
4:30/4:45		CANEFIT 4:00 (HPC) Strong 30 4:30 (Dance Studio)	SPIN & CORE 4:30 (CARDIO ROOM)	STABILITY 4:45 (Dance Studio)	
5:00/5:15	POWER YOGA 5:00 (DANCE STUDIO)	STABILITY 5:15 (DANCE STUDIO)	HATHA YOGA 5:00 (Dance Studio)		
5:30/6:00		YOGA ACROBATICS 6:00 (Dance Studio)		YOGA ACROBATICS 5:30 (DANCE STUDIO)	

NEW! FIT CLASS FLEX PASS

CONTRINS EIGHT PRSSES TO RNY FITNESS CLASS

OFFERED BY HURRICANES FITNESS

\*\* MUST BE USED IN THIRTY DRYS OF PURCHASE DATE\*\*

COST | COMMUNITY-\$80 MEMBERS-\$48 STODENTS-\$24

DROP-IN COMMUNITY-\$12 MEMBERS-\$8 STUDENTS-\$4

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